

Trumbull County Health Department

176 Chestnut Ave NE Warren, OH 44483
330-675-2590 ext. 3 tcbh.org

January 2015

Baby & Me Tobacco Free Program: “I need to let you know that quitting smoking is the BEST thing you can do for the health of you and your baby.”

Enroll in Baby & Me Program and participate in the 4 prenatal quit smoking sessions

Quit smoking and stay quit during your pregnancy

Agree to take monthly breath tests to prove you are tobacco free

Stay smoke free after your baby is born and receive monthly voucher for free diapers for up to 12 months.

Contact: Kathy Parrilla RN or Beverly Cope, MA at 330-675-2590 ext. 3 for more info.

Lead Hazards

Lead is invisible to the naked eye and has no smell. Children may be exposed to it from consumer products through normal handling of the product. They often place toys and other objects, as well as their fingers that have touched these objects, in their mouth, which exposes them to lead paint or dust.

If you suspect your child has been exposed to a toy containing lead, remove it immediately. The only way you can tell if your child has been exposed to lead is to have the child's blood tested. Your physician can advise whether such a test is needed and also can recommend treatment if your child has been exposed to lead

Immunizations

Just a reminder not to wait to get kindergarten children and your child going into 7th grade updated on their vaccines. **All immunizations are by appointment only.**

Please call 330-675-2590 ext. 3 for an appointment before they get booked up. **Don't wait until July to call for an appointment we may be booked.**

*******HPV: The main cause of cervical cancer*******

Vaccination is the best way to protect your child HPV infection. The vaccine is most effective if given before a person becomes sexually active. However, even if sexual activity has begun, a person can still be protected by the vaccine and should be vaccinated.

Both girls and boys should get 3 doses of HPV vaccine, starting at around 11-12 years of age. Older teens and young adults should also start or complete their HPV vaccine series. Call for more info.



Sight for Students

If you know someone school age through 20yrs old who needs an exam and glasses please have them call. This program is income based even if you have insurance but no vision component you may qualify for this program.



Cribs for Kids

If you are a Trumbull County resident
If you are WIC eligible
If you have **NO** safe place for your baby to sleep and they are under 12 months of age or you are pregnant

Call 330-675-2590 ext. 3 for info on attending a class to receive a free Pack and Play.

******* Car Seat Classes*******

We will start back up in March 2015
Please call to schedule a class by February.


